



Ayuntamiento de Cieza

WALKING ROUTES

RULES



Avoid making



Respect private land and property



Keep to the paths



Do not light fires



Do not collect minerals or rocks



Do not pick plants



Do not catch animals



Trail signage (PR)



Trail continues



Wrong direction



Continue left



Continue right

Trail signage (GR)



Trail continues



Wrong direction



Continue left



Continue right

INFORMATION

TOURIST INFO

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www.ciezaturisticas.es | www.cieza.es

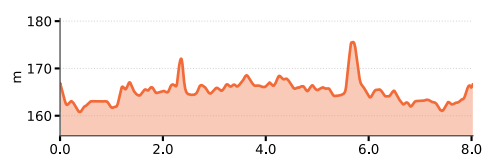
PASEO RIBEREÑO TRAIL | BLUE TRAIL



The Riverside Walk follows the River Segura through Cieza, bringing nature and history together along the way. It begins at the Teodoro Mill, a former flour mill dating from the 15th century, where the Acequia de Andelma irrigation channel flows into the river, and continues along both banks.

Along the route are the remains of the Moorish fortress on Cerro del Castillo, which formed part of the abandoned Arab settlement of Medina Siyâsa, as well as the Church of La Asunción and the Balcón del Muro, both designated Cultural Interest Sites.

Facilities include a floating walkway and recreation areas with picnic tables and benches. This flat, accessible route is suitable for all ages and perfect for enjoying the riverside setting accompanied by the birdsong from the riverbanks.



8 km yes **Estimated time** 1 h 30 min

22 m 177 m **Difficulty** Easy

23 m 160 m

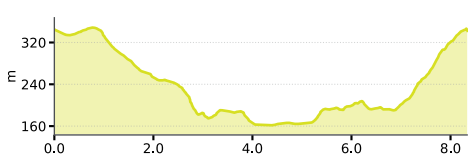
MEDINA SIYÂSA | PR-MU 11



The PR-MU 11 is a waymarked circular route through the Segura Valley on the outskirts of the town. It starts at the Teodoro Mill and follows the riverside walk, offering views of the old town and passing the Puente de Alambre before turning towards the lower slopes of La Atalaya.

After crossing the Acequia de Andelma irrigation channel and the Argaz area, the route climbs along the Senda del Moro and the demanding Sarraceno section, which has the steepest gradient of the route, before reaching the Sanctuary of the Virgen del Buen Suceso, where there are picnic tables and a viewpoint with panoramic views over Cieza.

The descent along the zig-zag path leads through eucalyptus trees to the Cuesta de las Cabras, crossing the irrigation channel once again before returning to the Teodoro Mill, where the route begins and ends.



8,3 km yes **Estimated time** 2 h

270 m 346 m **Difficulty** Easy

261 m 149 m

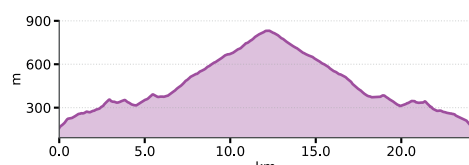
EL COLLADO PORTAZGO | PR-MU 12



The PR-MU 12 is a linear trail, with the outward and return legs following the same route. It starts at the Teodoro Mill and climbs the Cuesta de las Cabras towards the camino de en medio ('in-between path'), which runs among pine trees along the shady northern slopes of La Atalaya to the foot of the Sanctuary of the Virgen del Buen Suceso.

It then continues along the southern slope of La Atalaya and follows a narrow path towards the quarry road before joining the forest track that climbs towards Portazgo, passing the turn-offs for the Madroñal Spring and the La Cruz Viewpoint.

The final 4 km are the most challenging, with a continuous ascent to the Collado del Portazgo, at an altitude of 834 m, beside the geodetic marker on the Sierra del Oro. The return follows the same route.



25,6 km no **Estimated time** 5 h

976 m 830 m **Difficulty** Hard

983 m 149 m

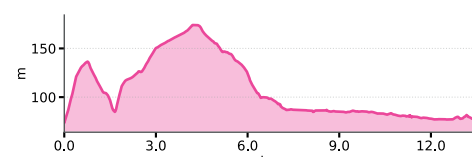
LA PRESA | PR-MU 13



The PR-MU 13 is an easy route suitable for walking or cycling, as it runs mainly over paved surfaces. It passes through extensive peach orchards, a hallmark of Cieza, along the right bank of the River Segura, where there are designated summer bathing areas.

It starts at the Teodoro Mill and climbs the Cuesta de las Cabras to the Mula road, which it follows through Maripinar and La Brujilla, crossing a dry riverbed before reaching the junction for the Alfonso XIII Reservoir. It continues through Perdiguera and Casa de la Campana, skirting the estate before returning to the riverside road.

The final kilometres offer a pleasant walk beside the riverside woodland and La Presa, an area for swimming and relaxation, before reaching the Puente de Hierro and returning to the Teodoro Mill.



13 km yes **Estimated time** 2 h 45 min

151 m 256 m **Difficulty** Easy

155 m 150 m

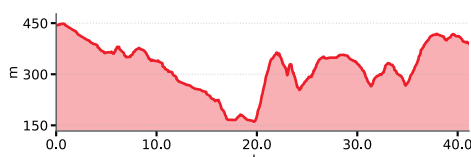
GR 7 | CIEZA SECTION



As it passes through Cieza, the GR 7 crosses a wide variety of landscapes, from the urban surroundings of the Puente de Hierro to La Atalaya, the Sanctuary of the Virgen del Buen Suceso and the Mula road.

The route continues along country tracks and dry riverbeds, through arid landscapes and traditional rural estates, with landmarks such as Almorchón and the Cárcavo Reservoir visible along the way. From Cieza, the waymarked trail continues towards Calasparra, passing the Alfonso XIII, or Quípar, Reservoir and the Sierra de la Palera.

It forms part of the European E4 long-distance path, which links the Pyrenees with Tarifa, and is one of the longest and most demanding sections running through Cieza. Walkers are therefore advised to avoid the hottest months and carry sufficient food and water.



41 km no **Estimated time** 11 h 25 min

684 m 450 m

734 m 161 m

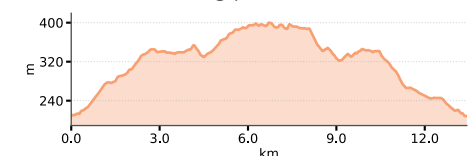
ALMADENES - ALMORCHÓN | PR-MU 25



The PR-MU 25 is a well-waymarked circular route through one of Cieza's most iconic landscapes, with views of the final stretch of Almadenes Canyon and the legendary bulk of Almorchón.

It begins on the access road to the Almadenes Hydroelectric Power Station and, beside the reservoir, joins a forest track towards the Los Losares area, with an old marble quarry visible along the way. It continues along the shady northern slopes of the Sierra de la Palera to the road leading to the Alfonso XIII Reservoir, then heads towards the foot of Almorchón, with the option of skirting its southern face along a section shared with the GR 7.

The return route descends towards the Cárcavo Reservoir before rejoining the Los Losares track and continuing through the almond groves to the Almadenes Power Station, the starting point.



13,3 km yes **Estimated time** 3 h 30 min

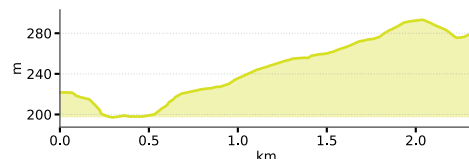
297 m 398 m **Difficulty** Moderate

291 m 199 m

SALTO DE ALMADENES - GORGOTÓN - LA SERRETA CAVE

This alternative route through Almadenes Canyon follows the left-hand side of the Protected Natural Area, passing a historic network of irrigation channels, the hydroelectric power station and the Gorgotón Spring before reaching La Serreta Cave.

Follow the Don Gonzalo irrigation channel, a major feat of hydraulic engineering built to extend the original irrigated farmland beyond the valley areas closest to the Islamic settlement of Siyâsa. Pass the Gorgotón Spring, a pool of warm, crystal-clear water that bubbles up from its bed, forming the natural outlet of the Calasparra syncline aquifer. Finally, reach La Serreta Cave, a UNESCO World Heritage Site, a true sanctuary of civilisations and one of the finest showcases of Levantine rock art.



2,3 km no **Estimated time** 30 min

102 m 293 m **Difficulty** Easy

45 m 196 m

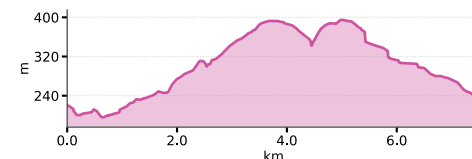
ALMADENES CIRCULAR ROUTE

The Almadenes Circular Route is a loop along the right-hand side of the canyon and through the Los Losares area, beginning beside the Almadenes Canyon Visitor Centre.

Begin by following the PR-MU 132 to the Balcón del Cañón Viewpoint. From there, venture into the karst landscape of Los Losares, where you can discover a unique landscape of hypogenic caves. Some, including El Arco Cave, are of considerable archaeological as well as geological value.

The route offers sweeping views and spectacular scenery, allowing you to admire not only the canyon but also the mountain ranges of La Palera, Almorchón and Sierra del Oro.

Return to the starting point while taking in the living history of this landscape, including the quarry, dryland crops and hydroelectric facilities.



7,5 km yes **Estimated time** 1 h 45 min

266 m 396 m **Difficulty** Moderate

248 m 195 m



